




# Where To Go For Assistance In Developing And Delivering Training

Law Enforcement leaders interested in creating new and improved training for officers on adolescent development and juvenile justice need not reinvent the wheel or go it alone. Rather, several organizations across the country provide training for law enforcement personnel in at least some aspects of adolescent development and/or juvenile justice. And four organizations offer training that include components addressing many or most of the critical training needs identified in the practice guide.

## ***Policing the Teen Brain™***

Led by a psychologist, this two-day training presents information on adolescent development and describes practical approaches for responding to youth with mental health issues and/or exposed to chronic trauma. Also, specially-trained local officers provide information on environmental and legal factors that affect youth. The training has been delivered in dozens of jurisdictions nationwide, including more than 20 JDAI sites.

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## ***Pennsylvania DMC Youth-Law Enforcement Curriculum***

This eight-hour curriculum for law enforcement academy cadets provides instruction on adolescent development and juvenile justice, implicit bias, and effective communications with youth—with a strong focus on combatting racial and ethnic disparities. The training includes extensive interaction between police academy cadets and area youth. It has been mandatory for Philadelphia police academy cadets since 2009, and it has recently been adopted in other jurisdictions.

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## **Crisis Intervention Teams for Youth (CIT-Y)**

This comprehensive eight-hour training curriculum developed by the National Center for Mental Health and Juvenile Justice teaches officers about adolescent development, adolescent mental health and substance abuse, crisis intervention techniques for youth, and community alternatives to arrest for youth. *Note: CIT-Y is only available to officers who have already completed a 40-hour curriculum on crisis intervention for adults.*

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